



CHILD PROTECTION LESSONS K-6

Dear Parents/Carers,

Child Protection Education is a mandatory component of the NSW Department of Education curriculum. It is required to be taught in every Stage of learning from Kindergarten to Year 6 as part of Personal Development, Health and Physical Education. The understandings and skills are integrated within the related content areas of PDHPE program.

Child Protection education aims to assist students to develop skills in:

- recognising and responding to unsafe situations
- seeking assistance effectively from trustworthy adults
- establishing and maintaining respectful and equal relationships
- strengthening attitudes and values related to equality, respect and responsibility

The school has a responsibility to inform parents of the program, so that parents have time to exercise their rights of withdrawing their child from a particular session on certain controversial issues.

Early Stage 1	Stage 2
<ul style="list-style-type: none"> • Feelings and body reactions • Relationships with others • How people care for each other • Body parts (private and non-private) • Changes in body and abilities since birth • Rights and responsibilities • Family structures • Recognising and responding to safe and unsafe situations • Positive relationships and support networks • Strategies to stay safe and seek help • Appropriate and inappropriate touching • Ways to show respect to others • Making safe decisions 	<ul style="list-style-type: none"> • Rights and responsibilities in relationships • Emotions and warning signs in different situations • Power in relationships • Male and female body parts and puberty-related changes • Positive relationships and support networks to manage change • Gender stereotypes and expectations • Types of abuse • Bullying behaviour and strategies to seek help • Recognising and responding to safe and unsafe situations • Strategies to stay safe and seek help • Communicating and cooperating with others in a respectful way • Making informed and safe decisions
Stage 1	Stage 3
<ul style="list-style-type: none"> • Feelings and body reactions • Relationships with others • How people care for each other • Body parts (private and non-private) • Changes in body and abilities since birth • Rights and responsibilities • Groups students belong to • Bullying • Recognising and responding to safe and unsafe situations • Positive relationships and support networks • Strategies to stay safe and seek help • Appropriate and inappropriate touching • Communicating and cooperating with others in a respectful way • Making safe decisions 	<ul style="list-style-type: none"> • Rights and responsibilities • Rights and responsibilities in relationships • Emotions related to feeling unsafe and ways to manage these • Different types of relationships and why they change • Abuse of power in relationships • Gender stereotypes and expectations • Different types of abuse including physical, emotional and sexual abuse • Bullying behaviour, including harassment • Support networks to seek advice and support • Strategies to stay safe and seek help • Actions and behaviours that show respect and inclusion of others • Strategies to stay safe and seek help including No-Go-Tell • Actions and behaviours that show respect to and inclusion of others

If you require further information about any aspect of the program or wish to withdraw your child from a particular session, please do not hesitate to contact your child's teacher.